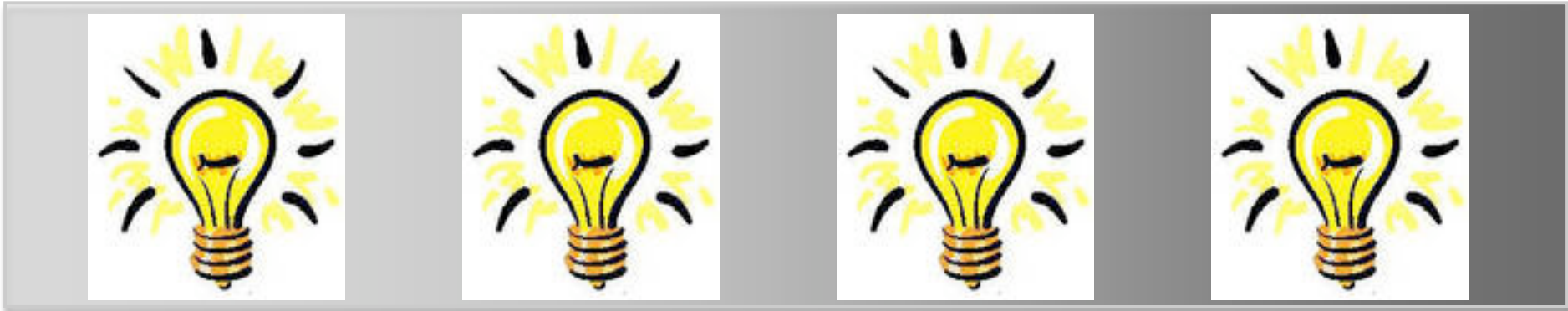


THE EXPLANATION FOR JUST ABOUT EVERYTHING

SLOW LEARNING (*Modeling what we see around us*)
 Examples: You see how your parents handle fear or anger.
 You notice how your siblings respond to criticism.



ESSENCE

Pure Life
 No Conditioning
 Pure Consciousness
 Connected to the Divine

INTEGRITY DILEMMA

Feelings: sadness, anger, fear,
 sexual, guilt, shame, joy
Agreement: that takes you
 away from essence
Truth: Not seeing, not saying

PERSONA

A way to make contact
 A way to survive
 A way to handle the feelings

PROJECTION

How we see others based on
 our personas
 Crucial to spot projections in
 order to move to essence

RAPID LEARNING
Example of events:
 Abandoned
 Wounded
 Rejected
 Unwanted
 Abused
 Random Event
 (Sickness, Accident)

That occur at:
 Conception
 Prenatal
 Birth
 Bonding
 Toilet Training
 Childhood
 Adolescence
 Adulthood

Rebel
 Loner (Lone
 Ranger
 Party Animal
 Vigilant
 Mr. Nice Guy
 Ms. Nice Girl
 Dependable
 Space Case
 Alien
 Stoic
 Martyr
 Caretaker
 Absent-Minded
 Professor
 Competitor

Philosopher
 Comedian
 Sentinel
 Pod
 Bulldog
 Bullshitter
 Rambo
 Chameleon
 Pollyanna
 Teacher
 Doubter
 Fanatic
 Organizer
 Complainer
 Mr./Ms. Perfect

Hardworker
 Supercompetent
 Psychologist
 Peacock
 Genius
 Opportunist
 Petty Tyrant
 Prophet of Doom
 Know It All
 Backslapper
 Mr. Science
 Intellectual
 Procrastinator
 Executive
 Salesman