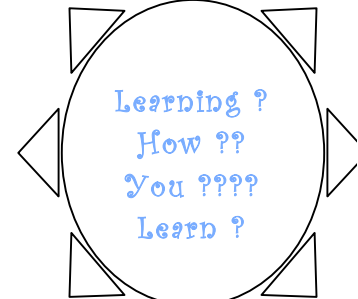
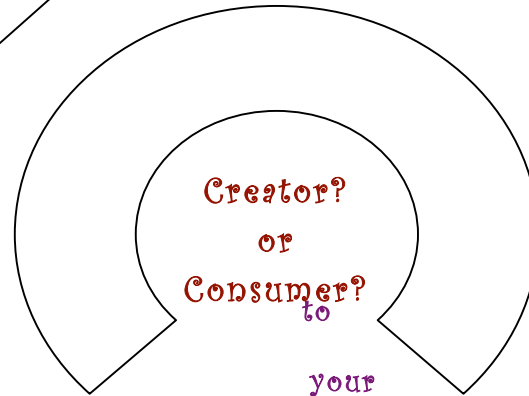
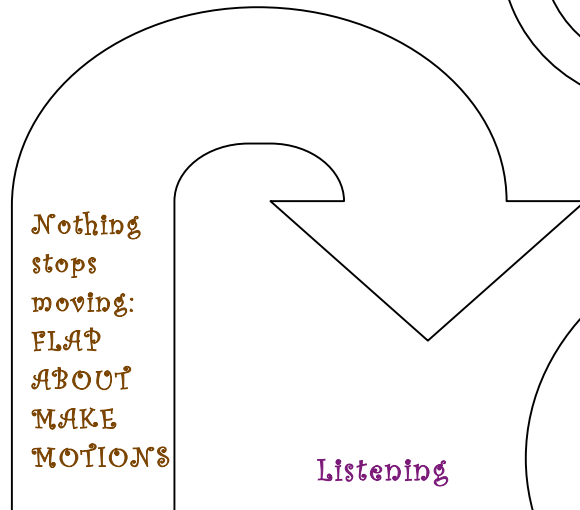
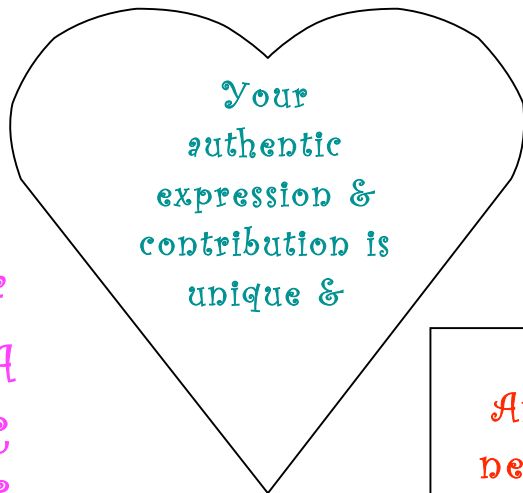


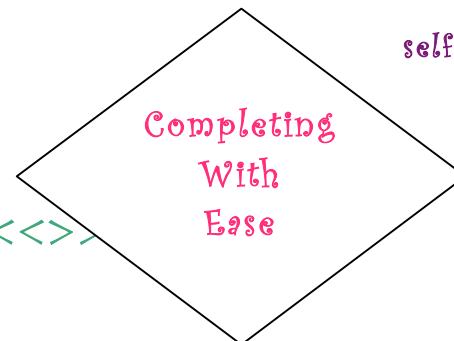
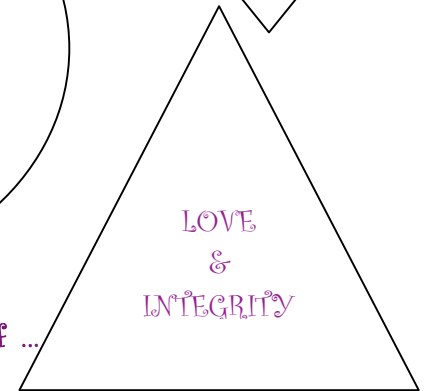
Katie's Basics ~ or the A, B, C's and 1, 2 3's of living - loving - learning.



F
A
C
T

Listening

your
deep
self ...



Beliefs <<<>>> Befriending <<<>>> Body <<<>>>